Canada Nord Academy

CANADA NORD ACADEMY

Empower Your Future

Individual Pathway Plan: Creating Pathways to Success

Our Goal: Every student will be provided the opportunity to create a meaningful Pathway Plan and the skills, academics and experiences to achieve that plan.

My Individual Pathway Plan for Graduation and Beyond



Please use this guide to create your Exit Plan.

Taking the time to thoughtfully work through this guide, will help you to meet your graduation requirements and prepare you for what's next.

Who Am I?

> Personality & Values
> Interests & Intelligences
> Strengths & Accomplishments
> Values, Skills, and Work Habits

Where Am I Going?

> Plan "A" and Plan "B"
> Career Research

What Have I Done and Learned?

> 40 Hours of Community Service
> Literacy Requirement
> Diploma Course Completion Chart
> Accomplishments Innovate/SHSM/other

How Am I Going to Get There?

> College/University application/scholarship applications
> Skills/Work readiness
> Money Matters OSAP, bursaries, awards
> Identify Obstacles & Challenges provide solutions

Your responses to these four questions must show:

ACTION.....completing the requirement
EVIDENCE.....proof of completion
REFLECTION.....explaining your learning
COMMUNICATION.....presenting your learning

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WHO AM I?

To answer this question, describe yourself....your personality, your interests, your strengths, your lifestyle and how you have developed over the past three years.

My Personality & Values....reflect on your personality traits and values that you or others have identified. How have these shaped who you are? How does your personality influence your development as a learner, your lifestyle, your education and career choices?

Examples:

CREATIVE & EXPRESSIVE: I studied and excelled in Spanish. I also volunteer a lot. I plan to study International Development.

ANALYTICAL: I like to think about and discuss ideas. In my Law class, I was always the one who could successfully argue a point. I plan to study Commerce..

My passions ....reflect on activities you love to do and relate these to your career/life plan.

My other interests .....reflect on other activities you enjoy doing and relate these to your career/life plan.

My strengths ....yes, you do have some!!!

Reflect on your strengths that you or others have identified. Choose your greatest strengths and relate these to your career/life plan.

My lifestyle ....reflect on these areas of your life and relate them to your career/life plan.

- Mental Health and Wellness
- Hobbies
- Choices
- Exercise Habits
- Relationships with family, friends, and peers
- Stressors

WHERE AM I GOING?

You have been exploring, researching, and discussing various post-secondary/career options since completing your first IPP in grade 9.

Complete your post-secondary/career/life research and lay out your plan “A” and “B” following the format below.

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PLAN "A"

My Plan is....
My Career Pathway is....
The courses, certifications, training I have taken to support this plan is.....
The skills I have to support this plan are....
The educational credentials I plan to pursue are.....
The costs of this educational program are.....

- Tuition
- Books
- Transportation
- Residence

PLAN "B"

My Plan is....
My Career Pathway is....
The courses, certifications, training I have taken to support this plan is.....
The skills I have to support this plan are....
The educational credentials I plan to pursue are.....
The costs of this educational program are.....

- Tuition
- Books
- Transportation
- Residence

HOT TIPS FOR CAREER RESEARCH!!!

- "Upsides" and "downsides" of my plan
- Job duties/responsibilities
- Education (secondary & post-secondary)/ Training requirements
- Personal skills/attributes required
- Salary
- Future outlook
- Lifestyle factors
- Career advancement
- Ongoing learning requirements

Use information gathered at career exploration activities, such as job shadows, cooperative education, college/university fairs, Zoom Career Days, and other opportunities.

These internet sites will provide you with additional information about careers:
> www.careercruising.com
> www.conestogac.on.ca/caa/careercentre
> www.workopolis.com

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WHAT HAVE I DONE AND LEARNED?

To answer this question, include evidence of the following.....

40 HOURS OF VOLUNTEER EXPERIENCE....

- Complete your Volunteer Tracking Record (Tracking Records are available in Counselling Services)
- Submit by April of your graduating year

EQAO TESTS .... Have you completed your test requirements?

- Math 9
- Literacy 10

ACCOMPLISHMENTS

Reflect upon and include what you are most of proud:

- In Class
- Extracurricular
- Community Activities
- Community Service and/or employment
- At home

GRADUATION REQUIREMENTS .... Are you going to graduate this school year? Use this checklist to make sure!!!

> 4 credits in English (1 credit per grade)*
> 3 credits in mathematics (1 credit in Grade 11 or 12)
> 2 credits in science
> 1 credit in Canadian history
> 1 credit in Canadian geography
> 1 credit in the arts
> 1 credit in health and physical education
> 1 credit in French as a second language
> 0.5 credit in career studies
> 0.5 credit in civics
> Group 1: _____
> Group 2: _____
> Group 3: _____

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HOW AM I GOING TO GET THERE???

Now that you have discovered WHO you are, WHERE you are going, and WHAT you have done.... you need to figure out HOW you are going to get there. Include this information as part of your exit plan.

COMPLETED APPLICATION FORMS…

- A job application (attach current resume & cover letter)

OR

- A post-secondary program (related to Plan "A" or "B")
- Bursaries, Scholarships, Awards (online application)

CREATE A PLAN FOR YOUR PERSONAL WELLNESS WHICH COVERS THE FOLLOWING TOPICS:

1. How do you plan to stay physically and mentally fit? What activities will you engage in?
2. What options for exercise will you have next year?
3. Do you need to improve your eating habits? How will you do this?
4. How do you manage stress? Identify three that work for you.
5. How do your relationships with friends, family and peers contribute to your personal wellness plan?

SKILLS/WORK READINESS:

Reflect on your skills that you or others have identified. Are these skills applicable to your Plan A or B?..... How?

Include and attach documents to your exit plan that support your work readiness (ie: report cards, skills certificates, letters of reference, etc.)

CREATE A BUDGET FOR YOUR PLAN "A"

Refer to the What's Next Guide OR Budget for Student Life for templates to create your budget.

What's Next Guide:

http://osca.ca//flashxml/files/assets/basic-html/index.html#1

Budget for Student Life:

https://www.canada.ca/en/financial-consumer-agency.html

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INDIVIDUAL PATHWAY PLAN PORTFOLIO SUMMARY

Use the following prompts as a guide and checklist:

- I have learned that I am…..
- I have demonstrated effort, initiative, and commitment by…..
- I have contributed to my community and others by…..
- The accomplishments that I am most proud of are…..
- The career/post-secondary option I have chosen is…..The other option I have looked into is (Plan A or B)....
- My career research and exploration activities helped to clarify my career, life and learning goals by…..
- The skills that I will transfer to my career/life after school are…..
- My financial plan for next year in regards to education, career and life options is…..
- I plan to stay healthy and resilient by….
- This I.P.P process helped me prepare for what's next. This is how…..

CONGRATULATIONS!

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